**Jamie Rathjen – Questions for Reflection & Discussion**

**Talk 1: Rhythm of Womanhood**

Question #1: How would you describe your relationship with your womanhood?

Question #2: In what ways do you see your feminine genius shine through? Your receptivity? Your sensitivity? Your generosity? Your maternity?

Question #3: In what areas of your womanhood would you like to develop and grow?

**Talk 2: Theology of Purpose**

***“I changed the eternal cosmos because God chose me and wants to spend eternity with me.”***

***“I am an image-bearer of Christ, even in his tiniest moment, and I have a unique purpose.”***

***“I need to have peace first with my identity as daughter, and as a woman, to then bear peaceful and purpose-filled fruit.”***

Question #1: What ignites you?

Question #2: What convicts you?

Question #3: What brings you to tears?

Question #4 What do people tell you you’re good at?

Question #5: What do you LOVE to do…time passes SO quickly and you have MORE energy after doing this specific thing.

**The Fiat Institute**

To learn more about Jamie's work and her hormone coach certification program, feel free to visit [www.fiatinstitute.com](http://www.fiatinstitute.com/). Also, be sure to visit [www.fiatinstitute.com/bic](http://www.fiatinstitute.com/bic) for information put together specifically for YOU to understand more about hormone awareness and fertility awareness.  Also, be sure to follow *The Hormone Genius Podcast* to learn more if this topic lights your heart on fire!