

Jamie Rathjen – Questions for Reflection & Discussion

Talk 1: Rhythm of Womanhood

Question #1: How would you describe your relationship with your womanhood?

Question #2: In what ways do you see your feminine genius shine through? Your receptivity?
Your sensitivity? Your generosity? Your maternity?

Question #3: In what areas of your womanhood would you like to develop and grow?

Talk 2: Theology of Purpose

“I changed the eternal cosmos because God chose me and wants to spend eternity with me.”

“I am an image-bearer of Christ, even in his tiniest moment, and I have a unique purpose.”

“I need to have peace first with my identity as daughter, and as a woman, to then bear peaceful and purpose-filled fruit.”

Question #1: What ignites you?

Question #2: What convicts you?

Question #3: What brings you to tears?

Question #4: What do people tell you you're good at?

Question #5: What do you LOVE to do...time passes SO quickly and you have MORE energy after doing this specific thing.

The Fiat Institute

To learn more about Jamie's work and her hormone coach certification program, feel free to visit www.fiatinstitute.com. Also, be sure to visit www.fiatinstitute.com/bic for information put together specifically for YOU to understand more about hormone awareness and fertility awareness. Also, be sure to follow *The Hormone Genius Podcast* to learn more if this topic lights your heart on fire!